Take the Years Off

We already love the benefits of melatonin for jet lag. Now it's the hot new ingredient in Youth Corridor Antioxidant Boost Skin Serum ($110), which packs vitamins C and E with the proven antioxidant to reduce sun damage and increase collagen production.

THE SUNSOUL YELOMÖD VISOR ($58) MAY LOOK STRANGE, BUT ITS MATERIAL HAS BEEN SHOWN TO BLOCK HARMFUL RAYS AS IT FILTERS THE SUN FOR YELLOW LIGHT, WHICH REJUVENATES SKIN.

CELEBRITIES, CLOCKWISE FROM TOP LEFT: DAVE HOGAN/GETTY IMAGES; FRAZER HARRISO
SPA: COURTESY CHRISTINE CHIN. STILL LIFE, CAPSULES: DAVID TURNER/STUDIO D; SYRINC

Where to Buy for details